

A few ideas to help you enjoy walking or biking to school.

- Always follow the rules of the road. Talk about why traffic safety is important. Wear a helmet when riding a bike, and be sure it fits correctly.
- Practice stopping at intersections, looking left, right, front and behind, listening for traffic, and making eye contact with drivers.
- Find all the traffic signs and roadway markings on your route. Talk about what these words and symbols mean.
- Look at people walking, bicycling, driving and riding in cars.
- Parents talk to your child about ways to avoid or minimize dangers along the route, what to do at driveways, or near parked cars, etc.
- Look around get to know your neighborhood the people, buildings, animals, landscaping, etc. on your route.
- Parents should determine a child's readiness and the safest route for walking and bicycling to/from school. The routes identified in the map are suggested routes selected based upon bicycle and pedestrian amenities in the area. The location of traffic control devices and roadway conditions may change, so parents should continually review the route with their children.

Need a helmet?

San Benito County Public Health Division offers helmets to low-income families. Find out more by calling 831.637.5367

Council of San Benito County Governments 831.637.7665 Email: info@sanbenitocog.org www.SanBenitoRideshare.org

California's Safe Routes to Schools Initiative Toll Free: 1-888-393-0353 Web: www.dhs.ca.gov/routes2school SAN BENITO COUNTY

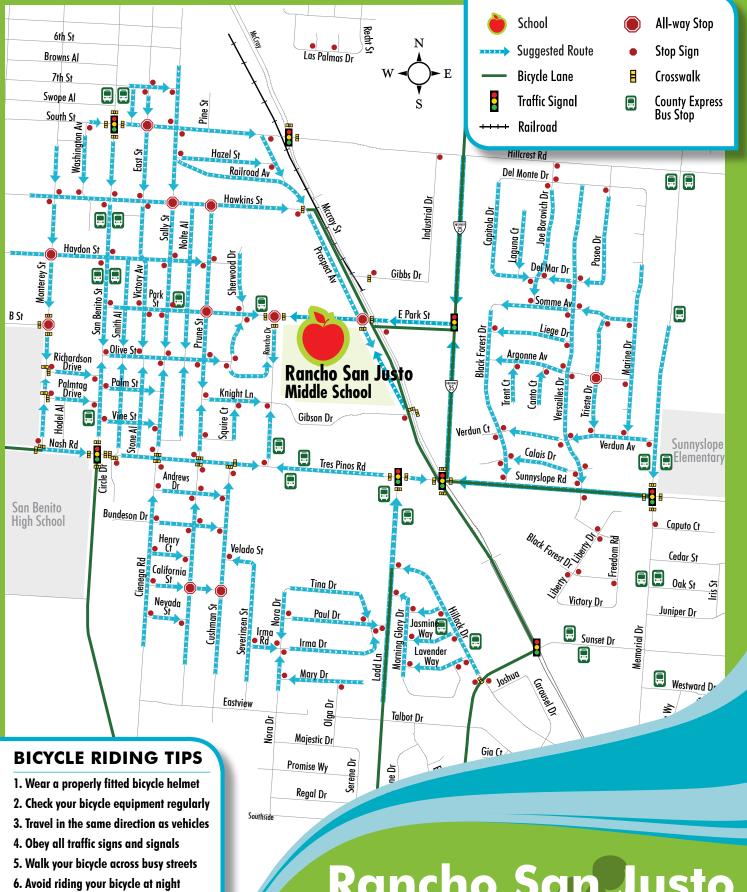
Routes TO SCHOOL

San Benito County Safe Routes to Schools are funded by:



Rancho San Justo Middle School

Source: California's Safe Routes to Schools Initiative



For more information call 831.637.7665

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SUGGESTED WALKING & BICYCLING ROUTES TO SCHOOL