Walking + Biking = Healthy Kids

A few ideas to help you enjoy walking or biking to school.

- Always follow the rules of the road. Talk about why traffic safety is important. Wear a helmet when riding a bike, and be sure it fits correctly.
- Practice stopping at intersections, looking left, right, front and behind, listening for traffic, and making eye contact with drivers.
- Find all the traffic signs and roadway markings on your route. Talk about what these words and symbols mean.
- Look at people walking, bicycling, driving and riding in cars.
- Parents talk to your child about ways to avoid or minimize dangers along the route, what to do at driveways, or near parked cars, etc.
- Look around get to know your neighborhood the people, buildings, animals, landscaping, etc. on your route.
- Parents should determine a child's readiness and the safest route for walking and bicycling to/from school. The routes identified in the map are suggested routes selected based upon bicycle and pedestrian amenities in the area. The location of traffic control devices and roadway conditions may change, so parents should continually review the route with their children.

Need a helmet?

San Benito County Public Health Division offers helmets to low-income families.
Find out more by calling
831.637.5367

Council of San Benito County Governments

831.637.7665

Email: info@sanbenitocog.org www.SanBenitoRideshare.org

California's Safe Routes to Schools Initiative Toll Free: 1-888-393-0353 Web: www.dhs.ca.gov/routes2school SAN BENITO COUNTY





Cerra Vista Elementary School

San Benito County Safe Routes to Schools are funded by:





Cerra Vista School Suggested Route **Elementary School** Bicycle Lane Union Pacific Railroad **SUGGESTED WALKING & BICYCLING ROUTES TO SCHOOL** Traffic Signal Sunnyslope Rd All-way Stop Stop Sign Jenner Ct B Crosswalk **County Express** Diablo Dr Windsor Ct Cembellin Dr ---per Dr Terrace Dr Creekside Ct Sunrise Dr Albright Dr Bodega Ct Memorial L Holliday Dr Sunset Dr Sunset Dr Gloria Dr Westward Dr Rainbow Dr Valley View Rd Monte Vista Dr Village Cf Alta Vista Wy San Pablo C Sonoma Ct Calvary Mesa Dr Crescent Ln Christian Albany Ct School Ramona Av Vallejo Dr Ghione Dr Scenic Cir Tiburon Dr Hall Av Sausalito Dr Hilltop Rd Loma Vista Av Cerra Vista Elementary School Crestview Dr Union Rd Panorama Dr Morningside Cir Brighton Dr Brighton Dr Foxwood St Driffwood Cir Enterprise Rd Bayberry St **BICYCLE RIDING TIPS** Mimosa St 1. Wear a properly fitted bicycle helmet 2. Check your bicycle equipment regularly 3. Travel in the same direction as vehicles Fierra Del Sol Ook Ridge Dr Oak Canyon Ct 4. Obey all traffic signs and signals Vista De Oro Sadies Ct 5. Walk your bicycle across busy streets 6. Avoid riding your bicycle at night